



Self-Assessment Checklist

Energy conservation can begin with some of the ideas below. Make one or two small changes at a time and see how they add up without impacting your lifestyle dramatically:

- Take an energy saving home tour at www.togetherwesave.com.
- Heat food in the microwave instead of the stove or oven.
- Take shorter showers and install low flow showerheads.
- Hang laundry outdoors to dry or use a drying rack.
- Avoid or limit using individual space heaters.
- New detergents are formulated for cold water washing—give it a try!
- Turn off powerstrips to televisions, computers, chargers and game consoles.
- Adjust your thermostat by a couple of degrees warmer in summer and cooler in winter, or get a programmable thermostat.
- Consolidate contents from multiple freezers for better efficiency and unplug the spare.
- Fix dripping faucets or a leaky water heater.
- Unplug the spare fridge in the garage or shop.



Help Control Seasonal Electricity Costs



Did you know it costs less to produce electricity during certain hours of the day, days of the week and seasons? It's true! Because consumers use less power on weekends and overnight, it is less costly to produce adequate power during those hours because our providers can utilize the most efficient production methods.

During periods of high electricity use (demand), our power providers must use all varieties of generation available to them, and so the overall cost of production goes up. Throughout the summer months of June, July and August, our region's power costs are highest on weekdays between 11 a.m. and 7 p.m.



Many laundry detergents are now formulated for cold water. Give it a try—switching to cold may work for you and saves electricity!

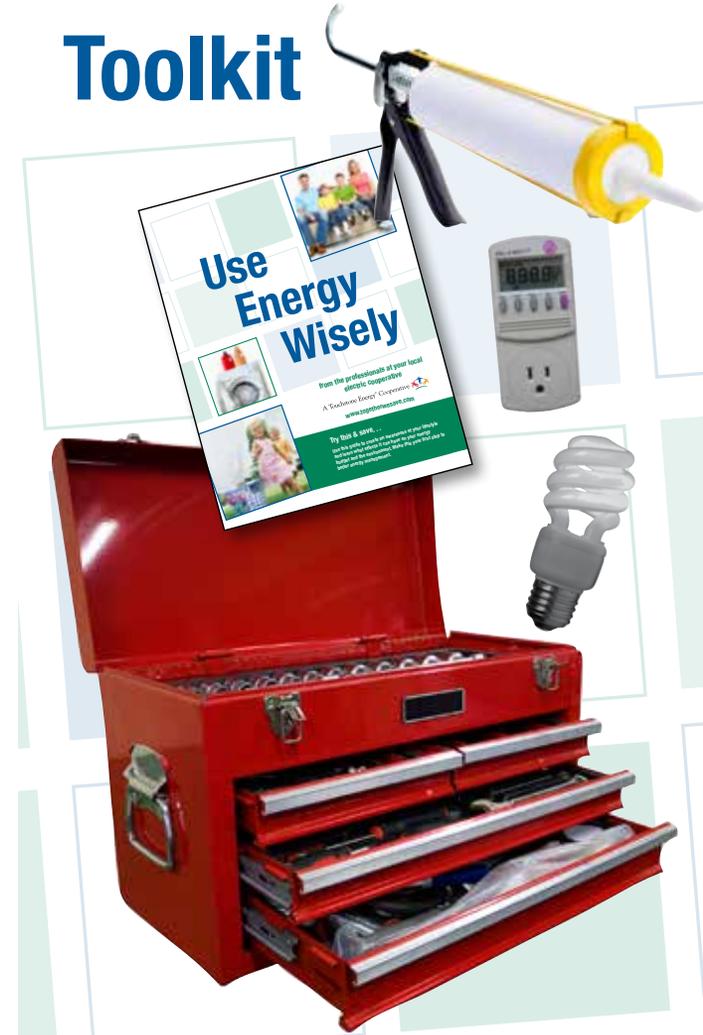
Contact your local electric cooperative for free assistance with any of these tools.



A Touchstone Energy® Cooperative 

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Energy Efficiency & Conservation Toolkit



"I suppose it is tempting, if the only tool you have is a hammer, to treat everything as if it were a nail."

- Abraham Maslow

Energy Saving Tools

Review the following collection of tools to create your own personal energy savings toolkit. Many of these tools are FREE and available at St. Croix Electric Cooperative.

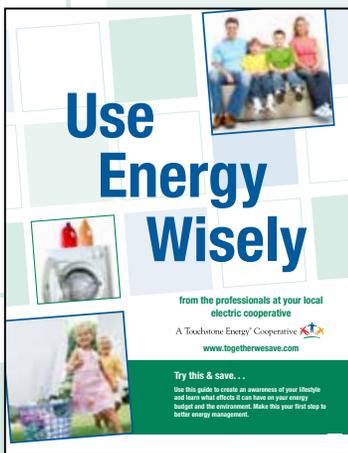
Support from Your Electric Cooperative

St. Croix Electric Cooperative wants to help you with decisions about which specific energy efficiency and conservation tools may work best in your situation.

Energy saving measures that you integrate or install in your home or business may qualify for rebates. Contact St. Croix Electric to see which things on your savings list may qualify. Rebate forms are available at the SCEC office or online at www.scecn.net. Apply early as funds are limited.

“Use Energy Wisely” Guide

Pick up or download a free copy of “Use Energy Wisely” from St. Croix Electric Cooperative. This informative booklet will guide you through a self-assessment of your family’s unique energy needs. The guide includes an extensive, detailed list of appliance and equipment electric use amounts and a convenient calculator to estimate your costs.



Web Tools at Your Fingertips!

Energy Efficiency/Conservation References:

- Together We Save: www.togetherwesave.com
- ENERGY STAR: www.energystar.gov
- Energy Efficiency & Renewable Energy: www.eere.energy.gov
- Energy Savers: www.energysavers.gov
- U.S. Department of Energy (tax credits, rebates, savings, weatherization): www.energy.gov
- Energy Education Council: www.energyeducation.org
- American Council for an Energy Efficient Economy: www.aceee.org

Don't let your computer “sleep” or “hibernate” – power it down for savings!



Kids Can Help, Too!

- Kids' ENERGY STAR: www.energystar.gov/kids
- EnergyEducationCouncil: www.energyeducation.org (link to e-Smartkids)
- Touchstone Energy “Learn About Energy” booklet www.touchstoneenergykids.com
- Touchstone Energy Kids' resources

Energy Savings Guides from St. Croix Electric Cooperative:

- Use Energy Wisely
- 101 Low-Cost/No Cost Home Energy Savings Measures



You can control the phantoms! Turn off the power strip when you'll be away.

Cooperative Energy Assessment: A Value Added, Energy Saving Tool

A home energy assessment can help protect your investment in your home and make energy efficient improvements to increase the comfort, safety, durability and value of your home.

Spend some quality time with the Member Services energy experts at St. Croix Electric Cooperative. These experts are trained to identify causes of potential problems in your home and to provide you with solutions.

We specialize in taking the time to help our members find the best energy saving tools for their situation. Contact SCEC to begin saving.